



Bellingham, Washington

September 19th-20th

Satchidananda: Truth, Consciousness and Bliss

Saturday 9 am to noon: Therapeutic tips and a practice finding the Truth about Alignment

Saturday 2 pm to 4 pm: Practicing With Conscious Awareness

Sunday 9am to 12 noon: A Blissful morning of Anusara Yoga

Location: 8 Petals Yoga
1317 Commercial St. #203

Cost: Entire Workshop \$110
Saturday AM \$45 Saturday PM \$30 Sunday \$45

Contact: Susan D'Onofrio **Phone:** 360-319-1601

Please Mail Checks To: Susan D'Onofrio
4677 Lost Creek Lane
Bellingham, WA 98229

All Classes Taught by Certified Anusara Yoga Teacher Alexis Britton

www.alexisyoga.com