Anusara Yoga Retreat

June 24-28, 2009 Wednesday-Sunday
La Conner, Washington

La Conner is a small quiet town close to the San Juan Islands. It is a community that has drawn artists and writers with its tranquil beauty. It is known for it's beautiful spring flowers, summer berries and a never ending supply of fresh market goods. It is a glorious location for a yoga retreat! From the Seattle Airport you take a convenient shuttle, which brings you to the Skagit Valley. Only minutes away from La Conner is the ferry to the San Juan Islands, magnificent hiking trails, the Rainbow Bridge, Deception Pass, Mt. Baker and the Cascade Mountains. Spectacular galleries and the best shops in the area are right down the street from our Retreat Inn.

The Wild Iris Inn is a wonderful place to get away from the hectic pace to enjoy the hospitality of the owners and staff of this most charming Inn. It has Jacuzzis in most rooms to relieve any tight muscles before or after yoga! The retreat will be an opportunity to spend time together and to enjoy this special place in the Pacific Northwest.

To hold your space you may mail the $ 150.00 non-refundable deposit to me The balance will be due April 1, 2009. Refunds of the entire balance (less the deposit) will be refundable until May 1, 2009. After May 1, 2009there will be no refunds.

Room without a Jacuzzi based on double occupancy $ 1,000.00
Room with a Jacuzzi based on double occupancy $ 1,030.00
Single occupancy rate $ 1,325.00

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